

## NSWNMA- ANMF ACTR Direct Care Learning Plan 2020 – 2021

### June

**COVID-19 Health Care/Aged Care Video** This video will provide you with some general information about responding to COVID-19.

**COVID-19 Health Care/Aged Care Quiz** This quiz will test your knowledge about COVID-19.

### July

**Infection Prevention and Control** Overview; Workplace health and safety responsibilities; Infection transmission and risk factors; Signs and symptoms of common infections for older people; Influenza outbreak response; Gastroenteritis outbreak response; Preventative measures.

### August

**Medication Management** Overview; Safety and quality; Risk of common adverse reactions; Medication errors; High Risk Medications and safety issues; Legal and professional responsibilities; People's rights; Support to self-administer medication; "Rights" of medication administration; Safety issues relating to routes of administration; Reporting medication incidents.

### September

**Falls** Overview; Falls hazards; Risk assessment; Implementing falls prevention strategies Incident reporting; Safety and assistance after a fall.

### October

**Social Inclusion and Support** Overview; Principles of social inclusion; Research on the benefits; Barriers; Supporting social inclusion.

### November

**Advocacy** Overview; People's rights to advocacy; Principles of advocacy; Benefits of advocacy; Providing support and access to advocacy services.

### December

**Malnutrition and Dehydration** Malnutrition: Overview; Ageing changes and risk factors; People's rights including choice and preferences; Nutritional needs of the older person; Promoting nutritional wellbeing and strategies to protect people's safety; Respect for diversity. Dehydration: Overview; Ageing changes and risk factors; Signs and symptoms; Prevention.

### January

**Look and Act –Open Disclosure** Principles of Open Disclosure; Worker responsibilities; Practical application

### February

**Quality Pain Management** Overview; Common causes of pain; Signs and symptoms; Barriers to recognition and management; Physical and psychological impact; Principles of pain management.

### March

**Elder Abuse** Overview, risk factors, features and signs of elder abuse, CALD issues, prevention and response, perpetrator factors. *\*This learning resource also covers compulsory reporting of elder abuse.*

### April

**Fire Safety** Overview; Fire safety and risk management; Emergency fire equipment and procedures; Firefighting equipment and safety; Evacuation and risk management; Security risk management.