

NSWNMA ANMF ACTR RN CPD Learning Plan 2020 – 2021

June | 1 CPD Hours

COVID-19 Health Care/Aged Care Video This video will provide you with some general information about responding to COVID-19.

COVID-19 Health Care/Aged Care Quiz This quiz will test your knowledge about COVID-19.

July | 2 CPD Hours

Infection Prevention and Control Overview; Workplace health and safety responsibilities; Infection transmission and risk factors; Signs and symptoms of common infections for older people; Influenza outbreak response; Gastroenteritis outbreak response; Preventative measures.

August | 4 CPD Hours

Medication Management Overview; Medication management residential and home care; Medication challenges; Responsibilities; Ethics; Decision making; Drug calculations.

September | 2 CPD hours

Antimicrobial Stewardship Overview; Misuse and over use of antimicrobials; Principles and strategies to achieve antimicrobial stewardship; Relevance to the aged care sector; Everyday practice to reduce antimicrobial resistance.

October | 1.5 CPD Hours

Social Inclusion and Support Overview; Principles of social inclusion; Research on the benefits; Barriers; Supporting social inclusion.

November | 1.5 CPD Hours

Advocacy Overview; People's rights to advocacy; Principles of advocacy; Benefits of advocacy; Providing support and access to advocacy services.

December | 2 CPD Hours

Malnutrition and Dehydration Malnutrition: Overview; Ageing changes and risk factors; People's rights including choice and preferences; Nutritional needs of the older person; Promoting nutritional wellbeing and strategies to protect people's safety; Respect for diversity. Dehydration: Overview; Ageing changes and risk factors; Signs and symptoms; Prevention.

Depression Overview; Myths and facts; Risk factors; Signs and symptoms; Respectful and effective care; Range of effective treatments/therapies for older people; Responding to and respecting diversity.

January | 1 CPD Hours

Look and Act – Open Disclosure Principles of Open Disclosure; Worker responsibilities; Practical application.

February | 1.5 CPD Hours

Documentation/ Collaboration and Communication Overview; Reasons for documentation; Responsibilities; "Do's and don'ts" of documentation; Principles of collaboration; Communication for safe and quality care and service delivery.

March | 2 CPD Hours

Elder Abuse Overview, risk factors, features and signs of elder abuse, CALD issues, prevention and response, perpetrator factors. It also covers compulsory reporting of elder abuse.

April | 1.5 CPD Hours

Fire Safety Overview; Fire safety and risk management; Emergency fire equipment and procedures; Firefighting equipment and safety; Evacuation and risk management; Security risk management.